

EAST-WEST ANIMAL HOSPITAL

JANUARY 2012

HAPPY NEW YEARS!!

Chinese Medicine in the New Year!

Chinese New Year is January 23, 2012, the first day of the Water Dragon. To create the most auspicious energy, carry a Rooster charm with you. Many of us attach these to our key chains.

The first person one meets and the first words heard are significant as to what the fortunes will be for the entire year. It is a good omen to see or hear songbirds, red-colored birds and swallows. Red clothing sets the tone for a bright future, so don the red beret's and scarves! Carry an attitude of what you wish for the coming year on this ancient day of celebration.

On Chinese New Year day, January 23, 2012, abstain from eating red meat. Don't eat any food from a chipped or cracked plate. Avoid fresh bean curd and tofu as it is white and considered unlucky. Don't lend items on this day, or you may be lending all year or it may not be returned. Give children and single people crisp dollar bills inside red envelopes for good fortune.

Eat for good fortune. Eat fish for longevity. Eat red dates for prosperity. Eat oranges and tangerines for wealth and good fortune. Bamboo shoots signify a wish for everything to go well in the new year.

Avoid using knives or scissors on New Year's Day for it may cut off fortune. Do not mention death or dying on this day. Avoid references to the past year, as you have already turned into the new year and you are moving forwards. See a lion dance if possible to scare away evil spirits and summon good luck and fortune. Many traditional Chinese restaurants will offer this celebration. Check with your local Chinese restaurants will be partaking.

-Dr. Linda



Chewies to keep Chewy busy:

If you are going to give a dog chew toys to your dog make sure you give the appropriate one. Each type of dog toy has a different purpose. Most are targeted for different types of dogs. It may be harmful if you give your pet the wrong one. For the easiest way to decide what the best type of chewy or bone is for your dog, please consult your veterinarian.



Apple Crunch Mini Pupcakes:

Ingredients:

1 tbl. Baking powder
1/2 tsp. vanilla
4 tbl honey
4 cups flour
2 ¾ cups water
¼ c. unsweetened applesauce
1 egg, slightly beaten
1 c. dried or fresh apple

Optional: Add 2 tablespoons of ground flaxseeds for a healthy boost of Omega 3's

Directions:

Preheat oven to 350 degrees.
Mix all wet ingredients thoroughly. Mix dry ingredients separately. Slowly add wet mixture to dry mixing as you go. Make sure dry ingredients are thoroughly incorporated into the wet. Pour mixture into muffin tins. Bake for 1 ¼ hours or until toothpick comes out dry. Makes 12-14 pup cakes in regular pans or around 30 "mini" pup cakes.

These will last 2-3 weeks in the refrigerator. You can freeze them too.



dreamstime.com

Pet Odor Eliminator:

East-West Animal Hospital is pleased to announce that we now carry the Full line of Pet Odor Eliminator products; Including Air Fresheners, Candles, and Room Sprays. The flavor of the month is:

*Lavender-
Chamomile*



FOR ADOPTION:



Garfield

Romeo

Elmo



Milagro

Pictured above are Garfield, Romeo and Elmo, these three loveable litter mates are desperately looking for a kind family to come home to for the holidays. These sweet 6 month old kittens are crying out for love. They have been examined, vaccinated, neutered and tested negative for heart worms, leukemia, FIV and intestinal parasites. These cute kitties are healthy and ready to meet their new pet parents. Each one can go separately or they can be adopted together.

On the bottom is Milagro, A very sweet and loving 4 month old kitten who loves to play and wrestle with the other kittens. He is very adventurous but doesn't go where he doesn't belong. He has been examined, vaccinated, neutered and tested negative for heart worms, and intestinal parasites.



Urine-Off Cat Formula – Urine-Off Dog Formula

Urine-Off:

East-West Animal Hospital is also pleased to announce that we now carry Urine-Off, A veterinary strength Odor and Stain Removal for Cats and Dogs.

Pet I.D. Cards:

East-West Animal Hospital will now be offering Pet I.D. Cards as a bonus for our wonderful furry friends. They are being offered through Vet Scene and are free of charge. Next time you stop by our practice, be sure to bring your fuzzy children with you to have their picture taken for their I.D. cards. If you have had your picture taken, and have not received your card within two (2) weeks, please contact us and we will get it to you right away!

Rewards:

The East-West Animal Hospital Rewards Card helps us reward valuable clients like you with products from our hospital and other local retailers, remember one dollar spent is one point. The best part of the program is that you earn **500** points when you refer other clients to our hospital so that they can also receive the highest level of care.

Pet Portal:

We strongly encourage you to sign up for Pet Portal. It is and quick and easy way to access information about your pets, including lab results, appointment information, and reminders due for your pets. Please visit our website for more information.

Events and Seminars:

Please follow our website and sign-up to receive our emails to acquire information about upcoming events or seminars. You can sign-up for our e-mail mailing list at www.Eastwestanimalhospital.com

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